

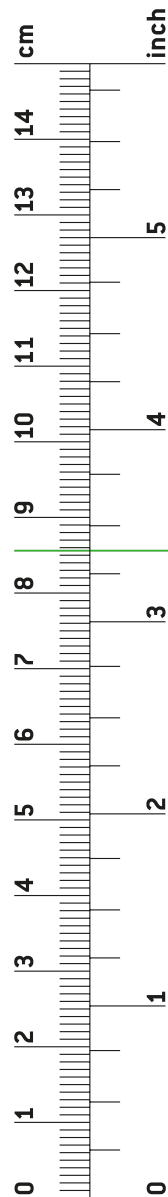
Print out the PDF file (A4 at 100%) and check the measurements (credit card B and scale C) to make sure the printout is correct.

Carefully cut out the ruler (A) and wrap it around your wrist.

Determine the best fit for your Mechanik2 Stromboli strap and mark the point where the paper strip overlaps most appropriately.

This will give you the circumference of your wrist and you can choose between strap length M (120 - 190mm) or L (190 - 220 mm).

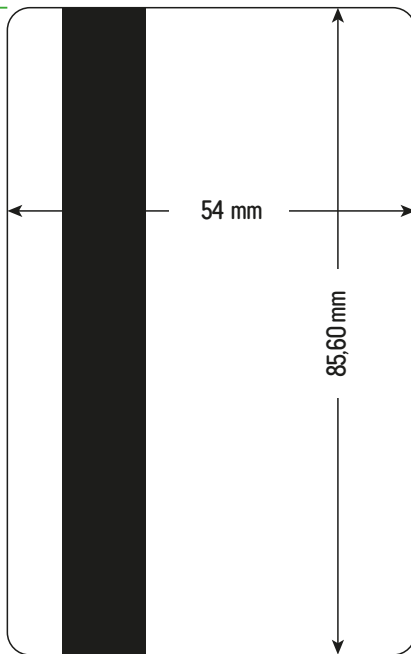
Mechanik2



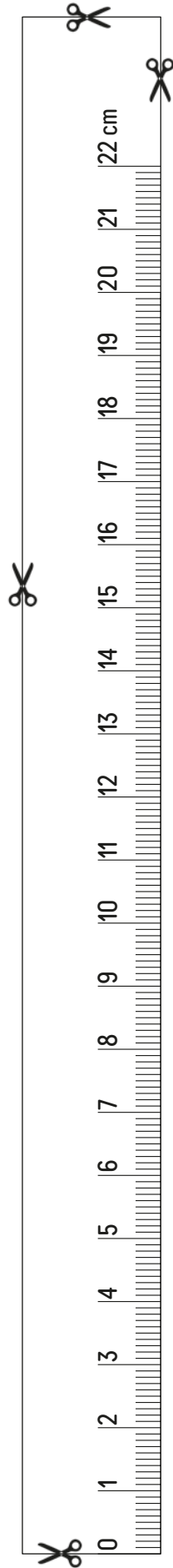
85,60 mm

C. Ruler

Mechanik2®



B. Credit Card



A. Measuring tape